Inclusive Cities for All: Intergenerational Urban Arrangements
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The regional context & vulnerability

We have been working for the last twenty years to create a supportive, resilient and friendly environment for all our citizens.
We have focused on the vulnerable groups of people: older people, children and disabled people because we believe that an environment suitable for them is an environment suitable for everyone.
Disable people represent 8% of the regional population
Challenges

• working in an integrated way

• understanding the importance of evaluation

• finding a unified coordination mechanism

• fostering the idea of supportive environments in Friuli-Venezia Giulia.
The regional strategy to support vulnerable people takes a multisectoral approach, implemented through multistakeholder platforms (clusters, networks, thematic working groups), that treats vulnerable people not just as beneficiaries of care services but also as key actors in their communities’ growth and socioeconomic development.

The permanent working groups develop: year plans, programmes, actions, evaluation...
As the new approach was taking shape at a global level, several laws have progressively been adopted both at the national and the regional level according to the targets now clearly established by the SDGs:

- Regional Law 41/1996, on integration of health and social services for impaired people
- **Italian Law 112/2016**, (also called «dopo di noi», «after us») on assistance to severely impaired people with no family support
- Italian Law 68/1999, on impaired people’s right to work
- Italian Law 104/1992, on assistance to impaired people, their social integration and their rights
- **Regional Law 22/2014** on active and healthy ageing and to counteract loneliness
Three strategic directions are directly relevant to healthy ageing:

- preventing disease and addressing health determinants by promoting multi- and intersectoral policies throughout the life-course
- establishing healthy places, settings and resilient communities
- leaving no one behind
PREVENTION: PRISMA 7

PRISMA-7 Project, detecting and mapping frailty in older people
Friuli Venezia Giulia, Italy

This project seeks to detect frailty early in older people and improve the response of health and social services. It aims to improve older people’s quality of life, promote independence and prevent or delay hospitalization and functional dependency.

“The strength of this project is that it not only provides services in the home, but above all teaches us to keep ourselves healthy, and gives us the tools to do so.”

Giorgio, age 75, caring for his wife with dementia

26% of the population of Friuli Venezia Giulia over age 75
23,000 interviewed for risk of frailty

#EquityinHealth #EquityinHealth
To improve the resilience of the territory against the negative effects of climate change, the Region has set up an interdepartmental research panel for mapping the whole regional territory, and in particular the major urban areas, using the Heat Vulnerability Index (HVI).
Launched in 2011, “Greet your neighbour” (saluta il tuo vicino) is an initiative carried out by one of the municipality in Friuli Venezia Giulia that aims:

- to prevent and address the risk of isolation and loneliness among older and impaired people
- to focus on the most vulnerable segments of the population: people who live alone and have little day-to-day social contact
- to build a live social network for this groups, helping people cultivate new friendships and, if necessary, report any special needs to the municipality’s social service unit.
FVG: A REGION FOR ALL

https://www.turismofvg.it/Una-regione-accessibile
FVG Seaside resoarts

FVG Museums
Smart Health Ambient Assisted Living

location and detection platform for people with dementia or cognitive impairment
the C.R.I.B.A. (the regional information centre on architectural barriers) offers:

- **free of-cost advice** for the public and private citizens on the construction or renovation of buildings, houses and apartments free of architectural barriers, to promote the mobility of frail people and allow them to stay at home as long as possible
The Welfare Area of the Region started Feasible Living, an innovative housing initiative to assist older and disable people who are partially or completely dependent or frail.

We are developing an intergenerational housing program.

We will evaluate the Feasible Living initiative at the end of a three-year implementation period.
HEALTH MAPS & URBAN PLANNING CHANGES

- Interventions to the built and natural environment
- Traffic calming interventions
- Improvement of walking and cycling infrastructures and of green areas
- Improvements for older and disabled people
- 500m distance from the main reference points for older people (pharmacies, shops, etc.)
- People’s needs taken into account in the decision-making processes
San Domenico Project
SAN DOMENICO: City planning

- Participation
- Schoolchildren
- Disadvantaged groups: older and disabled people
- Questionnaires analysis and diagnosis
Main focal points in the district

LEGENDA

- limite dell’area di intervento
- poli attrattori
  ① comunità Don de Roja
  ② parrocchia “San Domenico”
  ③ comunità Piergiorgio
  ④ supermercato di quartiere
  ⑤ scuola elementare “San Domenico”
Blind Café

In 2014, the Rittmeyer Institute for the Blind opened the Blind Café, a bar run by visually impaired people, to raise the public’s awareness and encourage visually impaired people to develop the autonomy and skills in daily living that may help them get other employment in the future.
Scheduled for 2020, springs from the demand of new technologies at the service of the human beings, studied to fulfill their needs and aimed to a sustainable development.

The main goal is the development of hardware and software technologies orientating the future evolution of science and industry in terms of full accessibility for all.
Key messages

- Vulnerable-friendly environments are good for all
- Intersectoral mechanisms work
- Start small or locally and gather evidence for use in later scaling up
- Recognize the value of making a cultural shift from citizens to policymakers
- Planning in cycles based on evaluation is important
- Exposure to international experience, leadership and expertise is beneficial (The support from the international community strengthened Friuli-Venezia Giulia’s work)
Thank you for your attention

www.regione.fvg.it